

Dear Parents,

I hope you are enjoying your summer. It is hard to believe, but our Fall Sports season is less than a month away. Below is helpful information should your child decide to participate in our program.

1. Our website is www.briarwoodschoool.org All information about our sports program is on this website under the athletic tab. This includes paperwork, schedules, directions, information about changes, etc. This website is updated every Sunday night when school activities begin.
2. Before your child can participate in any sports activity including practice, they must turn in paperwork. This paperwork is on our website listed under forms. Bring the following completed forms to the first practice: physical, medical history, cardiac arrest, and concussion (football athletes only). You may also send them to me via email. **PLEASE KEEP A COPY OF ALL YOUR FORMS!!!** Students cannot participate in any sports activities - including practice - without the completed paperwork.
3. High School Football - Grades 9 - 12 - will begin practice on Thursday, August 2nd. Practice times for the week are 8:00 A.M. - 11:00 A.M. Bring paperwork, tennis shoes, football cleats, a t-shirt, shorts, sunscreen, and a water bottle. Mouthpieces are **HIGHLY** recommended. Remember - no paperwork, no practice!
4. High School Volleyball will begin practices on Wednesday, August 1st from 8:00 A.M. - 11:00 A.M. Bring running shoes, volleyball shoes, kneepads, and paperwork. Wear an old workout or P.E. uniform. No paperwork - no practice!
5. High School Cross Country will begin practice on Thursday, August 16th at 6:00 A.M. *However*, there will be a brief 15 minute meeting after school August 15th to discuss particulars about practice for *new parents/runners*. Bring running shoes, items needed for a shower, school clothes, backpack, and completed paperwork to the first practice. If you are participating in Football or Volleyball and plan to participate in Cross Country, you will not be allowed to attend Cross Country practice on Football and Volleyball game days.

- 6. Schedules – All Fall Sports Schedules are on the Briarwood website. Check back daily for schedule changes as most of the posted schedules have changed over the summer.**

- 7. There will be a Parent Athletic Meeting on Monday August 20th. New parents to our program and 7th grade parents will meet at 8 A.M.
8th – 12th grade parents not new to the program will meet @ 5:30 P.M.
All meetings will be in the Vale-Asche Room. These meetings will give you a better understanding of the rules of our program and how our program is conducted.**

- 8. Please feel free to contact me if you have any questions or concerns. Email correspondence is best.**

Thanks in advance for your help. I look forward to a successful and rewarding year.

**Rayna Williams
Briarwood Athletic Director
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